

This easy-to-sew mask features pleats for coverage and adjustability and comfortable ties that won't tug on your ears. Plus, you can create bias tape from fabric in your stash if you aren't able to find any in stock. Make sure you can breathe comfortably when wearing, and wash after every use.



Supplies

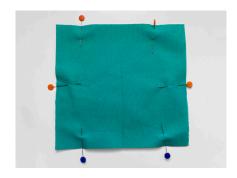
- Two 7.5" x 8" pieces of woven cotton fabric (preferably different patterns so you can tell the front and back of mask, to prevent contaminating)
- Two 36" lengths of ½"-wide double fold bias tape
- Polyester sewing thread
- Sewing pins or clips
- Scissors

Note: Seam allowance is 3/8" throughout, unless otherwise noted.

Instructions

STEP 1

Place two rectangles of fabric right sides together, aligning edges. Mark a dot 1½" in from both side of one 8" edge. The space between these two pins will be left unsewn for turning (indicated with blue pins in the image), and this is now the bottom edge of the mask. Pin pieces together, if desired.



STEP 2 Sew all the way around the edge of the piece, leaving the 5" gap along the bottom edge open.



STEP 3

Turn the mask inside out, press. Neatly tuck the raw edges from the turning gap under and press so folds align with bottom edge.



STEP 4
Topstitch about 1/8" from fabric edge, all the way around.



Homemade face masks are not medical grade. There is no guarantee that a homemade face mask and materials mentioned in this pattern will protect a user or others around them from COVID-19 or other hazards.

Anyone who uses a homemade face mask and materials mentioned in this pattern does so at their own risk.

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STEP 5

Beginning at least 1" down from top of mask, fold three pleats about 1" each, facing down. Press and pin or clip in place along both sides. Your mask should measure about 3 ½" to 4" tall at this point.



Stitch pleats in place about ¾" from outer edge.



Bias Ties

STEP 1

If you don't have pre-made bias tape, cut two 36" x 2" lengths of fabric on the bias. Starch, then feed each tape through a 25mm bias tape maker, pressing as you go with a steam iron. Fold piece in half lengthwise and press again.



STEP 2

Fold one piece of bias tape in half lengthwise to find the center, align this point with the top of one short side of mask. Unfold bias so it encases mask edge, pin in place. (Bottom ties will be slightly shorter than top ties).

STEP 3

Topstitch along the entire length of bias tape edge, being careful to encase mask and stitch through all layers.

STEP 4

Repeat steps 1, 2 and 3 for second bias tie.

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